

**BLOOMFIELD CHILD & FAMILY COUNSELING:  
TUESDAYS AT 7PM ON ZOOM**

# Parent Support Group

FOCUSING ON EMOTION REGULATING TECHNIQUES,  
CHALLENGING THINKING ERRORS, & INCREASE  
PRODUCTIVE COMMUNICATION. SUPPORT ONE ANOTHER  
WITH THE HELP OF OUR GREAT THERAPISTS!

*BloomfieldFamilies.com*

*Call or Text Today*

*248-457-5178*

*\$40 for 4 weeks*

